

Boost your knowledge, sharpen your
clinical skills & positively impact the quality
of care you provide by attending the

Lucky 13th Annual
Conference on



**Critical Issues Facing
Children & Adolescents**

**Treatment Interventions for
Professionals dealing with individuals and
families facing behavioral/mental health and
substance abuse issues**

**October 13 & 14, 2009
Salt Lake City Marriott Downtown
75 South West Temple
Salt Lake City, Utah**

Sponsored by:

ESI Management Group in partnership with the
Children's Behavioral Health Institute

- Edward G. Callister Foundation
- Primary Children's Medical Center
- University of Utah Neuropsychiatric Institute
- Utah Department of Health

*An estimated 7.7 to 12.8 million children have mental health disorders, yet two-thirds are not getting the help they need. This gap, 'carve outs', low reimbursement, access issues, and other dilemmas create major challenges as our nation works to solve our 'healthcare crises'. The services **you** provide as a mental health and/or substance abuse professional are an essential element of the health care services continuum which must be improved.*

Join your professional colleagues in this specialized program designed to boost your knowledge, sharpen your clinical skills & positively impact the quality of your clients' lives!

SAVE MONEY

No sense paying for a high-priced training hundreds of miles away – especially in today's economy. Enjoy this established, top-rated conference to gain knowledge and skills to improve the lives of your clients. Gain significant continuing education hours for one of the most economical rates around!

ENHANCE YOUR CLINICAL COMPETENCE & PERFORMANCE

All faculty are asked to impart the latest data, avoid introductory or statistical presentations, and provide hands-on tools which you can take back and implement in your own practice. Join local and national experts for two days filled with

- A Scientific, Evidence-Based Agenda
- Varied & Interactive Formats
- Skill-Building Opportunities
- New Intervention Techniques
- Resource / Referral Base Development
- Intervention Focused Curricula
- Specialized Workshops
- Hands-on Tools
- Network Building with Colleagues

EXPAND YOUR PROFESSIONAL NETWORK

Because this conference is built with public and private partners, resources are abundant! You can connect with new and familiar colleagues who can also serve as networks and resources for you long after the conference is over. You will be able to expand your referral base and visit exhibitors who can provide you with the latest information and samples. Meet and visit other professionals for whom this program is targeted in

Counseling	Medicine	Psychiatry
Education	Nursing	Psychology
Family Practice	Paramedical Fields	Social Work
Health Education	Pediatrics	Substance Abuse Counseling
Judicial/Corrections	Pharmacy	Other Health & Mental Health Professions
Marriage/Family Therapy	Primary Care	

IMPROVE YOUR CLIENT CARE QUALITY & OUTCOMES

This program has been designed to help you

- Increase your awareness and knowledge of critical behavioral health issues facing youth;
- Gain effective prevention and intervention working tools to properly intervene with youth facing these issues;
- Develop strategies to more effectively promote healthy growth and development of youth; and,
- Become more familiar with current resources that will benefit your practice and learn ways to navigate around existing gaps.

TAKE ADVANTAGE OF SPECIAL OFFERS

This 2009 conference is pleased to welcome several special partnering organizations. The Intermountain Academy of Child & Adolescent Psychiatry is planning to host a special luncheon for physicians on Wednesday, October 14th. The Utah Association of Infant Mental Health is supporting a special track focused on infancy and early childhood. And, the Utah Chapter of CHADD will be presenting specific workshops related to ADHD while the Autism Council of Utah will hold its bi-annual meeting highlighting the results of the Interfaith and Autism Summit. All these organizations are extending special discounts and offers for their members and conference attendees.

BENEFIT FROM TRAINING 'OUTSIDE THE BOX'

Unlike many conferences, *Critical Issues* offers a wide variety of pertinent breakout session topics and formats. Pre-registration for 'tracks' is not required. In fact, this is your opportunity to explore new areas and learn about topics you may not be easily able to find within your own specialty trainings.

Education is focused on material which is solid, evidence-based and/or proven effective in practice-based data. Valuable information and skills are not only provided by nationally renowned faculty members, but also by high-ranking fellow colleagues who share data from their own professional experiences. Science is the base!

CONTINUING EDUCATION & ETHICS CREDIT

Every participant will receive a certificate of attendance which may be used for verification of attendance and/or continuing education licensing purposes and will reflect up to 15 hours. Some sessions have been submitted for, and may count toward ethics credits depending upon your professional licensing agency.

*Accreditation: ESI Management Group is accredited by the Utah Medical Association to provide continuing medical education for physicians.

*AMA Credit: ESI Management Group designates this educational activity for a maximum of 15 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

*This program has been submitted to the National Board for Certified Counselors (NBCC), the National Association of Social Workers (NASW), the Utah Psychological Association (UPA), and the Association of Utah Substance Abuse Professionals (AUSAP).

***UN** Nursing Credit: This educational activity has been submitted for 15.5 contact hours through the Utah Nurses Association, an accredited approver of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation.

*Professional Credit & Verification: Certificates of Attendance will be awarded to ALL participants. In some states, CME programs like this may be used for re-licensure and/or ethics credit in other fields. It is the responsibility of each individual to record and report their attendance to the State Board and/or other licensing organization as needed and to check with their Boards to determine reciprocity and licensure credit in their state(s).

HOTEL ACCOMMODATIONS

Occupying an enviable location in the heart of Salt Lake City, the Marriott Downtown will host this year's conference. Not only will this soothingly elegant venue provide a convenient locale for conference goers, but its vast meeting space will create a comfortable and open area for conference attendees.

If you would like overnight accommodations, specially discounted rooms are available at the Salt Lake City Marriott Downtown for \$159/night and at the Shilo Hotel for \$89/night until September 25th. After this date, room reservations will be accepted on a space available basis only. To reserve your room at the special conference rates, you may call either hotel directly - Marriott (801-531-0800 or 888-236-2427); Shilo Hotel (800-222-2244 - 206 South West Temple). Be sure to mention the *Critical Issues Conference* to secure these special rates.

PARKING

Covered, self-parking is available to guests of the Shilo Inn with a complimentary pass presented at check-in.

Covered, underground, self-parking is available at the Marriott for conference attendees at a daily rate of just \$5 (with a conference validation) and an overnight rate of \$12. To reduce congestion car-pooling and the use of TRAX are encouraged. The nearest TRAX stop is less than one block north of the hotel by Temple Square.

REGISTRATION IS LIMITED –DON'T MISS OUT!

The quality and high-caliber reputation of this conference draw capacity crowds. Registrations will be accepted on a first-received basis. Don't be turned away! To guarantee your reservation, return the attached "Registration Form" today so you may enjoy:

- Continental breakfasts
- Discounted room rates
- Comprehensive materials
- Lunch & bountiful breaks
- Broad choices of clinically-focused sessions
- Substantial continuing education & ethics credits
- Nationally and locally prominent experts
- Networking & referral opportunities
- Skill-building sessions
- Assorted resource exhibits & materials
- Other bonuses – all at one of the most economical conferences around!

In the event of unforeseen circumstances, cancellations must be received in writing by:

September 11th for a full refund or

September 28th for a 50% refund.

No refunds will be granted after September 28th

- Your cancelled check or invoice will be your receipt / confirmation. Confirmations will not be mailed.

CITY EVENTS

For information on Salt Lake City events, call the Salt Lake Convention and Visitors Bureau at 800-541-4955.

ADA

The partners of this conference and ESI Management Group (conference coordinators) fully comply with the legal requirements of the Americans with Disabilities Act. If you need special accommodations based on the ADA please contact ESI Management Group with your requests at least two weeks in advance.

QUESTIONS?

Call ESI Management Group at 801-501-9446 or 877-501-9446 if you have questions or need additional information.

TUESDAY, OCTOBER 13, 2009

7:00 - 8:00

REGISTRATION, EXHIBITS, CONTINENTAL BREAKFAST

8:00 - 9:15

WELCOME

William McMahon, MD – Chair, Department of Psychiatry, University of Utah (Invited)
Howard Weeks, MD - CME Course Director; Medical Director, Youth Services, University of Utah
Neuropsychiatric Institute

KEYNOTE ADDRESS

BRAIN CONNECTIONS IN TODAY'S WORLD – BIRTH TO EARLY ADULTHOOD*

Ross A. Thompson, PhD - Professor, University of California, Davis
(Supported in part by the Utah Association of Infant Mental Health)

9:15 – 9:30

EXHIBITS & BREAK

9:30 – 10:45

CONCURRENT SESSIONS

DIFFERENTIAL DIAGNOSIS OF MOOD DISORDERS AT VARIOUS AGES

James Ashworth, MD - Division Chair, Department of Child Psychiatry, University of Utah
Kristina Hindert, MD - Medical Director, The Children's Center

EARLY RELATIONSHIPS & ATTACHMENT ISSUES*

Ross A. Thompson, PhD

MENTAL HEALTH & DELINQUENCY

Mike Conn, LCSW - Therapist Supervisor & Clinical Director, Juvenile Justice Services

NEW IDEAS FOR DEALING WITH TODAY'S FAMILY STRESSORS (INC. MILITARY)

Lilly J. Landikusic, LMFT - Clinical Director, Empowerment Counseling Services

TRANSITION PLANNING & EXECUTION

Ken Hull - Clinical Consultant, Salt Lake Valley DCFS
Lynn Pease - Transitions Coordinator, Children with Special Healthcare Needs

TREATMENT WITH TYPICAL & ATYPICAL PHARMACOLOGIC AGENTS

Howard Weeks, MD

10:45 – 11:00

EXHIBITS & BREAK

11:00 – 12:00

CONCURRENT SESSIONS

COMMUNITY-BASED SERVICES AS ALTERNATIVES TO 'INSTITUTIONALIZATION'

Justin Naylor - Rise, Inc.
Sherri Wittwer - Executive Director, NAMI Utah

DIVORCE – A FAMILY FRIENDLY WAY

Carla Stoddard, LCSW - Adolescent RTC South, CD Program, Primary Children's Medical Center
Carol Storey, LCSW - Family Therapy & Mediation

EXPELLED PRE-SCHOOLERS? FACING OUR CHILDCARE CRISIS HEAD ON*

Pamela Freeman, PhD, MSW - Associate Director, Social Research Institute, University of Utah College of Social Work

LIVING IN A NEO-TECHNO WORLD: CYBERBULLYING, SEXTING, AND OTHER VICES

Adam Schwebach, PhD - HealthPrompts.com / Neurology Learning & Behavior Center

TREATMENT OF PATIENTS WITH DEVELOPMENTAL DELAY DISORDERS

Deborah Bilder, MD - Child & Adolescent Specialty Clinic, University of Utah

12:00 - 1:15

LUNCHEON

1:15 - 2:30

CONCURRENT SESSIONS

CLINICAL & ETHICAL PRACTICE OF INFANT-PARENT PSYCHOTHERAPY (PART I)*

Kadija Johnston, LCSW - Director, Infant-Parent Program / Daycare Consultants, University California – San Francisco (Supported by Utah's Early Childhood Comprehensive Systems Project)

DEALING WITH ANGER & AGGRESSION

Talon Greeff, MMHC, LPC - Director of Residential Care, Utah Youth Village

LESSONS FOR SUCCESS & RECIPES FOR FAILURE IN RESIDENTIAL TREATMENT CENTERS

Signe Evans, MTRS - Risk Manager, Cottonwood Treatment Center

NEW DIRECTIONS IN ADHD & AUTISM

Sam Goldstein, PhD - Research Professor of Psychology, George Mason University

WORKING WITH FAMILIES WITH AUTISTIC KIDS

Marin Bywater, MSW, LCSW (Facilitator) - Carmen B. Pingree Center

Cheryl Smith - Family Representative & Utah Autism Council

Eric Stocker & Karla Stoker - Family Representatives

2:30 - 2:45

EXHIBITS & BREAK

2:45 - 3:45

CONCURRENT SESSIONS

ADOLESCENT EATING DISORDERS – A FAMILY AFFAIR: INNOVATIVE FAMILY-BASED TREATMENT

Carolie Meccico, MSW, MAC, LCSW - Meccico Therapeutic Services

A BI-POLAR UPDATE - DIFFERENTIAL DIAGNOSIS & TREATMENT

Douglas Gray, MD - Child & Adolescent Specialty Clinic, University of Utah

CLINICAL & ETHICAL PRACTICE OF INFANT-PARENT PSYCHOTHERAPY (PART II)*

Kadija Johnston, LCSW

PARENTS LIVING WITH RAD YOUTH – A REAL LIFE PERSPECTIVE

Pat Berckman, LCSW (Moderator) - Director, Salt Lake County Youth Services
Parent Representatives

TRAUMATIC BRAIN INJURY IN YOUTH

Pending Final Confirmation

WORKING WITH DIFFICULT CHILDREN & YOUTH AND TEACHING THEM SOCIAL SKILLS

Talon Greeff, MMHC, LPC

3:45 – 4:00

EXHIBITS & BREAK

4:00 - 5:00

CONCURRENT SESSIONS

BEYOND BARNEY – PLAY THERAPY TECHNIQUES FOR THE PROFESSIONAL

Victoria Crowe, RPTS - Utah Play Therapy Association

Debbie Morrison, PhD, LCSW - Utah Play Therapy Association

THE DBT TEAM – INCLUSIVE OF PHYSICIANS

Dorann C. Mitchell, LCSW (Facilitator) - Program Director, Primary Children's Center for Counseling

THE ETHICAL APPLICATION OF INFANT-PARENT PSYCHOTHERAPY*

Kadija Johnston, LCSW

PHARMACOLOGIC TREATMENT OF EATING DISORDERS

Nancy Panteris, MD

PSYCHO-SOCIAL INTERVENTIONS FOR CHILDREN & TEENS WITH SUSPECTED BIPOLAR DISORDER

James Kahn, PhD - Director of Psychology Services, University of Utah Neuropsychiatric Institute

TIPS & TECHNIQUES TO COUNSEL KIDS SURVIVING DEATH & LOSS: HOW TO HELP YOUTH CREATE GRIEFSPACE & DISCOVER RE-JOYMENT

Karen O. Johnson, Med - Counselor / Founder, EveryDay Grief, LLC

6:30 – 7:15

OPTIONAL EVENING WORKSHOP

EXECUTIVE FUNCTIONING IN ADHD – CAUSE OR ANSWER? HOW DOES IT IMPACT CLASSROOM PERFORMANCE?

Peter K. Isquith, PhD - (See Wednesday Keynote)

7:20 – 8:30

WHAT EDUCATORS, ADMINISTRATORS & MENTAL HEALTH PROFESSIONALS CAN DO TO HELP STUDENTS WITH ADHD

Adam Schwebach, PhD

*Early childhood track

WEDNESDAY, OCTOBER 14, 2009

7:30 – 8:00

CHECK-IN, EXHIBITS & CONTINENTAL BREAKFAST

8:00 - 9:00

KEYNOTE ADDRESS

EXECUTIVE FUNCTIONING – WHAT IT IS & WHAT IMPACT IT HAS ON YOUR PRACTICE

Peter K. Isquith, PhD - Pediatric Neuropsychologist, Dartmouth Medical School, Co-author, Behavior Rating Inventory of Executive Function (Supported by Psychological Assessment Resources, Inc.)

9:00 – 9:15

EXHIBITS & BREAK

9:15 – 10:30

CONCURRENT SESSIONS

AUTISM: PREVALENCE CONTROVERSIES, EPIGENETICS, THE BRAIN & CO-MORBIDITY

P. Brent Petersen, MD - Medical Director, Carmen B. Pingree Center

CLINICAL ASSESSMENT OF EXECUTIVE FUNCTIONING

Peter K. Isquith, PhD

THE INTERFAITH COMMUNITY ADDRESSES AUTISM

Cheryl Smith & The Utah Autism Council

THE LOOK OF PTSD FROM EARLY CHILDHOOD TO YOUNG ADULTHOOD

Jamison D. Law, LPC - Trauma Awareness & Treatment Center

PERSONALITY DISORDERS & MENTAL HEALTH

Matthew Wooley, MD - Child & Adolescent Specialty Clinic, University of Utah

10:30 – 10:45

EXHIBITS & BREAK

10:45 – 11:45

CONCURRENT SESSIONS

BEHAVIORAL STRATEGIES THAT WORK WITH KIDS

Taryn Nicksic-Springer, MEd - Behavior Specialist, UNI Home Program

CONDUCT DISORDERS: AN OVERVIEW

Arden Weintraub, MD - Child & Adolescent Specialty Clinic, University of Utah

EVIDENCE-BASED TREATMENT OF JUVENILE SEX OFFENDERS; DOES IT EXIST?

Jared Rockwood - Network on Juveniles Offending Sexually

MIND-BODY BRIDGING IN KIDS

Kevin Webb, LCSW

SOCIAL RELATIONSHIPS & INTERRELATED ISSUES OF AUTISM SPECTRUM DISORDERS

Catherine M. Johnson, LCSW - Division Director, Wasatch Mental Health

11:45 - 1:00

LUNCH - INDEPENDENT

1:00 - 2:15

CONCURRENT SESSIONS

AN UPDATE ON BRAIN DEVELOPMENT & THE IMPACT ON PEOPLE & TREATMENT

Melissa Lopez-Larson, MD - Assistant Investigator, The Brain Institute

EARLY IDENTIFICATION OF ADHD: PRE-SCHOOL TO EARLY ADULTHOOD

Adam Schwebach, PhD

REACHING KIDS OF ADDICTED PARENTS

Elizabeth Albertsen, PsyD - Valley Mental Health Alcohol & Drug Unit
KADA Kids

STAYING THE COURSE FOR HEALTHY SEXUAL DEVELOPMENT & AVOIDING THE TRAP OF PORNOGRAPHY ADDICTION

Mark Chamberlain, PhD - Private Practice

WHAT PROFESSIONALS NEED TO KNOW ABOUT GLBT YOUTH

Val Murdock - Planned Parenthood of Utah

Jude McNeil - Utah Pride Center

2:15 – 2:30

EXHIBITS & BREAK

2:30 – 3:30

CONCURRENT SESSIONS

ALIEN PARENTING

Damon Andreasen, LCSW - Four Corners Community Behavioral Health, Inc.

A. Elder, PhD - Children's Services Coordinator, Four Corners Community Behavioral Health, Inc.

DEPRESSION & ANXIETY MEDICATIONS – AN UPDATE

Thomas Conover, MD - University of Utah Neuropsychiatric Institute

DRUG TRENDS, LANGUAGE & CULTURE

Salt Lake City Police Department

GET YOUR CLIENT OFF THE CHAIR! EXPERIENTIAL GROUP IDEAS TO IMPROVE PATIENT CARE

Stephen Phair, LCSW - Administrative Director, Utah State Hospital

Greg Porter, LCSW - Administrative Director, Utah State Hospital

THE NEW DOMESTIC VIOLENCE – DAUGHTER VS. MOTHER

Julie Wright, LCSW - Choice Point

3:30

KADA KIDS PERFORMANCE

CLOSING KEYNOTE ADDRESS

A NEW LOOK AT YOUR PROFESSION VS. MOTIVATION

Brad Barton, Prevention Specialist & CSP

4:45

CERTIFICATES OF COMPLETION

PROGRAM COMMITTEE

The experiences and expertise of a multidisciplinary planning group of professionals combined with a thorough needs assessment – including feedback from previous conference attendees, went into the creation of this year's program. Thanks to the following individuals who shaped this exciting program.

Judith Ahrano Kittel, MD, FAAP - Pediatrician / President, Utah Association of Infant Mental Health

Pat S. Berckman, LCSW – Director, Salt Lake County Youth Services; Representative, UBJJ

Tom Foster, LCSW - Consultant - Callister Foundation; Interface Psychological Services

Fulvia E. Franco, PhD - Program Specialist, Guidance, Jordan School District / Representative, Association of School Psychologists

Katherine Gardiner, LPC, RPT-S - Child & Family Therapist, The Children's Center

Talon Greeff, MMHC, LPC - Director of Residential Care, Utah Youth Village

Thomas Hazen, MEd, LPC, NCC – Therapist, Ameritech College; Care Manager, Aetna Behavioral Health

Mary Ellen Lykins, BS – Head Start Specialist, Booz-Allen Hamilton, Utah Head Start Training & Technical Assistance Network

William Moore, LCSW, LSAC – Therapist, Salt Lake County Youth Services

Dorann C. Mitchell, LCSW - Program Director, Primary Children's Center for Counseling

Carma Mordecai, Med – CSPD Coordinator, Baby Watch Early Intervention Program

Peter M. Nicholas, PhD - Associate Director, Children's Services; Director, Carmen B. Pingree Center

Karen Peeler – Probation Officer, Second District Juvenile Court

Linda Smith – President, CHADD of Utah

Lori Smith, LCSW - Children's Mental Health Specialist, Bureau of Maternal & Child Health –Utah Department of Health

Tracine Smoot, PhD - Co-Owner, Psychological Solutions; Owner, Wasatch Learning & Development

Nanon Talley, LPC - Program Manager, Juvenile Justice Services

Janet Wade - Director, Utah Services, Easter Seals Northern Rocky Mountain

Ming Wang, LCSW - Program Administrator, Utah Division of Substance Abuse & Mental Health

Howard Weeks, MD (Course Director) – Medical Director, Youth Services, University of Utah Neuropsychiatric Institute

Tia D. Korologos, BSN, RN – President, ESI Management Group (Facilitator)

CONFERENCE PARTNERS

In addition to the partners offering special program offers noted earlier, this program is supported in part by unrestricted educational grants and other financial contributions (confirmed as of print date*) from:

The Children's Behavioral Health Institute:

- Edward G. Callister Foundation
- Primary Children's Medical Center
- University of Utah Neuropsychiatric Institute
- Utah Department of Health

Royalty (\$2,500)

- Utah Division of Substance Abuse & Mental Health

Stars (\$1,500)

- Copper Hills Youth Center
- Utah Addiction Center

Marvels (\$1,000)

- Aspen Education Group
- Baby Watch Early Intervention Program
- Utah Association of Infant Mental Health
- Youth Care, Inc.

Exhibitors (\$750)

- Aspen Ranch
- Bridges Academy
- HealthPrompts.com
- Life-Line
- Lifetime Legacy
- Turnabout Stillwater Academy
- Utah Youth Village

* Several educational grants have been submitted and invitations extended to other organizations for which finalizations of partnership levels are pending.

REGISTRATION FORM

Name* _____ Organization (if any) _____
Degree _____ Title (if any) _____ Email _____
Address _____ City/State/Zip _____
Daytime Phone (_____) _____ Fax (_____) _____

I have ☐ have not ☐ attended The "Critical Issues" Conference in the past.

☐ Enclosed please find my registration and check, made payable to "Critical Issues" for:

- ☐ \$225 Early-bird registration (postmarked by September 11th)
 - ☐ \$190 Early-bird registration for UAIMH members (postmarked by September 11th)
 - ☐ \$150 Early-bird registration for Tuesday Early-Childhood Track Only (does not include lunch; must be postmarked by September 11th)
 - ☐ \$250 General conference registration (postmarked by October 6th. No pre-registration will be accepted postmarked after this date.)
 - ☐ \$325 On-site registration (space available basis only)
 - ☐ \$ 7 Individual registration for ADHD Workshop Tuesday evening (inc. CEU/CME Credit)
 - ☐ \$10 Couple registration for ADHD Workshop Tuesday evening (does not include CEU/CME Credit)
- \$ _____ Total

☐ Please bill my agency for the amount indicated using purchase order number _____:

Contact _____ Title _____ Organization _____
Address _____ City / State / Zip _____
Daytime Phone (_____) _____ Fax (_____) _____

- Substitutions will not be accepted after Friday October 8, 2009. Such changes must be made on-site.
- Confirmations will not be mailed. *Your cancelled check or invoice will be your receipt / confirmation.*

MAIL COMPLETED FORM WITH PAYMENT TO:

Critical Issues 2009 * ESI Management Group * Post Office Box 1734 * Draper, UT 84020-1734

Critical Issues Conference
ESI Management Group
Post Office Box 1734
Draper, UT 84020-1734

PRSRT STD
US Postage
PAID
Salt Lake City, UT
Permit No. 571